



**NORTH YORKSHIRE  
FIRE & RESCUE SERVICE**

# Working to Keep you Safe and Well

## Book a Safe and Well Visit today

The visit involves us coming to your home to offer fire safety advice, including;

- how to reduce and prevent fires
- looking at any possible fire risks in your home
- information about bedtime routines to help keep you safe at night
- helping you to think about an escape plan
- checking you have working smoke alarms and know how to test them

As well as giving fire safety information we can also give advice about health and wellbeing. This may include where to find support and further advice on giving up smoking, avoiding falls, keeping your home warm and living with dementia.

**To book a visit call our fire safety advice line 01609 788545 or our switchboard on 01609 780150**

